

Respecting Choices: Enhancing Quality of Life

2015 Annual Report



Founded in 1978 as Hospice of the North Shore

Our Mission

Care Dimensions enriches quality of life for those affected by life-limiting illness, death and loss by providing exceptional care, support, education and consultation.

Our Values

Compassion
Excellence
Collaboration
Integrity
Responsiveness
Innovation

Greetings from the CEO

As Care Dimensions' CEO, I am privileged to be able to witness on a daily basis the incredible commitment, grace and compassion of our staff and volunteers. Whether it's listening to the pain and grief of an 87-year old man who is ready to die after the loss of his dear wife, or helping a 34-year-old father make the most of every moment with his young family, our hospice staff perform countless inspirational acts with kindness and skill.

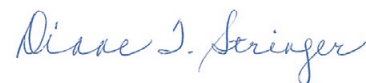
Of the many gifts my 27-year career in hospice has given me, among the most important is the reminder to note the passage of time. Reflecting on this, and on my long tenure at the helm of this remarkable organization, I announced in January that I've decided to retire from my position later this year. I want to have more time to pursue personal and family priorities, and Care Dimensions is in a very strong position, so this is the right time to begin a transition in leadership.

As I look back on nearly three decades working in the field of hospice care, I am enormously proud of all that we have done to improve the way people die in our communities. This year, it was a thrill to receive national recognition for our accomplishments, including from the American Hospital Association and other leading healthcare organizations who selected Care Dimensions as the 2015 winner of the prestigious Circle of Life award.

This never would have been possible were it not for the support of our friends and donors. Your generosity has enabled us to hire and train the most dedicated and expert staff, to pioneer innovative services and programs, to build the Kaplan Family Hospice House and to plan a new inpatient hospice facility in Metrowest, and to ensure that every patient in need of our services can receive them, regardless of ability to pay or level of insurance coverage.

It has been the great privilege of my life to be part of this journey for so long, and I will miss it deeply when I leave later this year. I will take with me warmest memories of my years at Care Dimensions, and I will look forward to witnessing its future successes. In the meantime, I will continue to work with passion and energy to advance the mission of this wonderful organization.

With heartfelt gratitude,



Diane T. Stringer
President and CEO



Diane T. Stringer

From the Board Chair

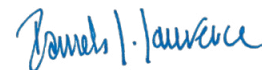
As I reflect on Care Dimensions' many outstanding accomplishments in 2015, I am struck by the leadership and vision it took to achieve them. Care Dimensions has had the good fortune for 27 years to have been guided by an exceptional leader, Diane Stringer. Her passion for helping people and for organizational excellence has enabled her to transform what was a grass-roots volunteer effort into an organization recognized as a national leader in providing comprehensive, compassionate end-of-life care.

Though the Board of Directors was saddened when Diane announced her plans to retire in late 2016, we have the utmost respect for her decision, and gratitude for her enduring legacy of leadership and innovation. This transition takes place at a time when the organization is exceptionally strong. The financial position is solid and Care Dimensions' reputation within the field is exceptional. There is a cohesive, talented leadership team, a dedicated and engaged Board, and a detailed strategic plan to guide us in the future. And, we have a truly incredible group of staff, employees, and volunteers who are a part of the fabric of our communities.

Care Dimensions has served patients and families for nearly four decades and has adapted and grown as the healthcare landscape has changed, while always remaining true to its mission and values. This will not change.

Please join me and the Board of Directors in offering heartfelt congratulations and thanks to Diane as she transitions to the next chapter of her life. Well done, Diane!

Sincerely,



Pamela L. Lawrence
Board of Directors Chairperson



Pamela L. Lawrence



Board of Directors

(Back row): Chuck Badavas, Ellen Smith, Peter Sherwood, Kevin Smith, Nancy Palmer, Joan Rosenthal, Kevin Bottomley, Gwen Cochran Hadden, Thomas Ford, Jane Alpers, Allen Smith, M.D.

(Front row): Regina Villa, Charles Adams, Pamela Lawrence, Diane Stringer, Janet Barnes, John Collins, Christina McCann.

Not pictured: Phil Cormier, Timothy Liesching, M.D.

“ When we brought him home, he wasn’t doing well, and I really felt I was bringing him home to die. But with the help of Care Dimensions, our journey has changed. ”

Amy Robinson

AN ATTITUDE CHANGED BY HOSPICE CARE

As John Goldsberry, 87, sat in his hospital bed recuperating from surgery in July 2015, he made a decision. He had lived a good life, had two beautiful daughters and four wonderful grandchildren, had been lucky enough to be married to the love of his life for 65 years, and wouldn’t have changed a thing. “But what I remember most, at that time, was I just wanted to die,” explained John.

“I didn’t want to continue living, because I had lost everything when my wife died the previous February,” he continued. “When I had the operation I thought it would be the end, and then it wasn’t. When I had the choice to get out of rehab, I just wanted to go home to die.”

Amy Robinson, John’s daughter, was committed to providing her father with the same natural, peaceful experience at end of life that her mother had received with hospice care in Florida, the week before her death. So, she moved John into her Rockport home. But, just days later, he stopped eating or drinking and refused to return to the hospital. Amy called in Care Dimensions for support.

“We needed to meet John where he was and acknowledge his choices about his end of life,” explained his nurse Tracey Schwartz, RN. “We had a couple of frank conversations about what would happen during his final days. We reassured him that as different symptoms emerged, we could handle it. We wouldn’t try to extend his life, but we would manage any pain or discomfort.”

Surprisingly to John, once the multitudes of medications to treat his diabetes and heart condition were discontinued, he started to feel better. He started eating and drinking; his quality of life improved and he started to enjoy life again.

“I feel completely different now,” said John. “The entire Care Dimensions team has been great. Tracey has a wonderful bedside manner and takes care of all my medical needs. My hospice aide, Pam McCarthy, has been like a member of my family since her first visit. Mornings are my most difficult time because I wake up confused. But, by the time she is finished with me, I am ready to face the world with a smile.”

“I was never big on social workers until I met Kelli Ann Backstrom. She is a delight and has been most helpful in giving me piece of mind in knowing what to expect before the inevitable conclusion. And Pam Kuras provides the best massages to ease the pain in my back,” he continued.

“I didn’t know how many people hospice care would involve, but every single person coming through the door has been wonderful,” said Amy. “I love having all the different people come visit my dad, because it’s a nice opportunity for him to see different faces. Every member of the team offers a different type of support. It’s not just for dad, but for me, too.”

“There were a lot of calls in the beginning, because I wasn’t sure what to do or how to make him more comfortable. But having that 24/7 support and knowing I could call someone for help or a nursing visit was so reassuring,” said Amy.

“When we brought him home, he wasn’t doing well, and I really felt I was bringing him home to die,” explained Amy. “But with the help of Care Dimensions, our journey has changed. It has really improved the quality of dad’s life. I can’t emphasize how wonderful this time has been. He’s been able to celebrate the holidays with his grandchildren, and without Care Dimensions we wouldn’t be here.”

“I’m looking forward to summer and spending it at our cottage on Conomo Point in Essex, or taking my new scooter down to the beach or Bearskin Neck in Rockport,” declared John.



(Photo top) John Goldsberry with his hospice aide Pam McCarthy (Photo bottom) John with his daughter Amy Robinson



WATCH JOHN'S STORY
[CareDimensions.org/YouTube](https://www.caredimensions.org/YouTube)



(Photo left) Rita Raby surrounded by her family (Photo right) Rita with her nurse Karen McGrath, RN

FILLING “BUCKET LIST” TO THE BRIM WITH FAMILY TIME

When faced with a prognosis of two months to live and the ultimate decision of how she wanted to spend her remaining time, Rita Raby, 74, of Danvers, didn't give it a second thought – she wanted to be home with her family.

“I had the choice between chemotherapy and trying to fight the cancer or just living my life as fully as I could with help from Care Dimensions,” explained Rita. “Hospice has kept me going and given me the world, because that's what my husband and kids are to me. When I weighed the sides, my choice was to live happier and healthier for as long as I could.”

For nearly a year before her colon cancer was finally diagnosed in August 2015, Rita had suffered with increasing pain. “It was awful watching her writhing in pain. The medications weren't controlling her pain and were causing terrible side effects,” explained her husband, Bob.

“As soon as she started with Care Dimensions, the team changed her medications to ones that worked better and had them delivered right to the house, relieving a huge burden from us. Before, we had to go to her doctor's office two or three times a week to get a new prescription, and then go to the pharmacy and hope they had it in stock. It was very stressful.”



“Hospice has kept me going and given me the world, because that's what my husband and kids are to me. When I weighed the sides, my choice was to live happier and healthier for as long as I could.”

Rita Raby

With her pain more in control, Rita was able to focus on her close-knit family of her husband, brother, three children and five grandchildren and her “bucket list” of things she wanted to accomplish. “With Care Dimensions' help, I got to see my granddaughter dance the Nutcracker in Minneapolis. My kids were all with me and we had a wonderful time. We went to a nightclub and on a rollercoaster, which I hadn't done in 40 years,” said Rita.

“Rita was an amazing woman and she wasn't going to let her illness hold her back,” explains her hospice nurse, Karen McGrath, RN. “But leading up to her trip, she had a pain crisis and other significant symptoms, and we weren't sure she was going to be able to go on the trip. We kept adjusting her medications to manage symptoms and finally found the right mixture, thanks to the persistence of her Care Dimensions physician, Nancy Otovic, MD.”

With a complicated case like Rita's the whole hospice team works together to manage multiple symptoms and provide all aspects of care. Her nurse and physician were in constant contact to monitor daily medication adjustments. Social worker Angela Swift, LICSW, provided crucial support, and hospice aide Caroline Coolen taught the family how to provide personal care.

In December, Rita and Bob celebrated their 56th wedding anniversary and Christmas with all their family. Even when a pain crisis brought Rita to the Kaplan Family Hospice House on December 30, she refused to miss a single moment with family. “We had a big New Year's Eve celebration planned with 22 friends and she woke up that morning and was determined to be there,” said Bob. “And she was—in the center of it all.”

“My mother showed me the inspiration of a hero,” explained Doreen Shane, Rita's daughter. “She made everyone feel comfortable and understand she was living out her life the way she wanted to. We were with her till the end, and it was a peaceful passing. We can't thank Care Dimensions enough for the support to keep her at home and spend those last minutes with her. She faced death the way she lived life—with determination, resolve, and hope.”

“I felt honored to care for Rita,” said Karen. “She taught me so many things. Grab every day and live it to the fullest. Don't let little things stop you. Surround yourself with family. Don't take them for granted; appreciate their presence in your life. And she did it all. You could feel the love in that house in how they all came together to keep their mom home.”

WATCH RITA'S STORY
[CareDimensions.org/YouTube](https://www.caredimensions.org/YouTube)

“When you’re 34, palliative and hospice care are not the norm, and it’s not something you want to think about. But Pat wanted people to know it’s OK to get help.”

Marybeth O’Keefe

POSITIVE SPIRIT AND FOCUS ON FAMILY LEADS TO HOSPICE

“If you stay upbeat and shrug off what is out of your control, the good days will far outweigh the bad ones,” said Patrick “Pat” O’Keefe, 34, of Newburyport. That positive spirit is what guided him even when dealing for nearly a decade with the pain and uncertainty of a recurrent brain tumor. Until his last day, he chose to stay upbeat and enjoy every good moment, no matter how small or routine they seemed to others.

For years, Pat had no symptoms after his tumor diagnosis in 2006. But after experiencing a seizure at work in 2012, he had a second brain surgery followed by more chemotherapy. While off chemotherapy for nearly a year, he married his wife Marybeth and they made plans for the future. The tumor reoccurred in 2014 which led to a third surgery, more treatment, and another battle back. Still, Pat continued working full-time in sales and they had a daughter named Millie in 2014.

This past October, he noticed loss of functionality on his left side and had severe, recurring headaches. His brain tumor had returned along with severe swelling. So, he went back for treatment

at Massachusetts General Hospital (MGH) and resolved to get over this latest hurdle. He set a goal to be home for Halloween so he could go trick-or-treating with Millie, who was just over a year old. “He was determined to do that, and sure enough, he did,” said Marybeth.

Over the next couple of months, though Pat was receiving therapy and visiting nursing services at home, he had multiple trips to the emergency room and it soon became clear to Marybeth that he needed more help. “Pat still wanted to try to fight it and receive treatment, so we opted for palliative care at MGH, which helped us better manage his symptoms at home,” explained Marybeth. “He just wanted to be home with Millie and me, and do little, everyday things.”

Pat’s condition worsened, however, and in late January his doctors discovered slight tumor growth and likely cerebral hemorrhage. They referred Pat to Care Dimensions for the additional support that hospice care could give him and his family.

“It was such a relief to know that the hospice team from Care Dimensions knew how to help,” Marybeth said. “The



(Photo left) Marybeth and Patrick with their dog Gator Boots and daughter Millie (Photo right) Patrick and Marybeth O’Keefe

thing was that he could stay at home and get the care he needed. Anytime I had questions, I would call and the team was very responsive. It allowed us to have some sense of normalcy by being home and being together without worrying because we knew they were just a phone call away.”

Patrick’s nurse, Leslie Tkaczek, RN, coordinated his medications and managed his symptoms, while his hospice aide, Shelly Rowe, visited each weekday morning to ensure he was clean, groomed and dressed for the day. During Millie’s afternoon naps, Marybeth had long talks with Deb Todd, LCSW, their social worker. “She helped me and Pat talk about what was happening with his health... it helped us focus on our family, and the life we had in our house.”

“When you’re 34, palliative and hospice care are not the norm, and it’s not something you want to think about,” said Marybeth. “But Pat wanted people to know it’s OK to get help. He knew there was a higher purpose for this brain tumor—he had to help others become more aware of the benefits of palliative care and hospice. He wanted to reach out to other families and tell them how beneficial the programs were to his family because at first this terminology was scary. He was willing to try anything and believed that people need to be open to any support that’s offered, regardless of age,” she said.

“Care Dimensions has been a tremendous help,” Patrick told us a few days before he died. “They’ve taken a lot of stress off of Marybeth, and for that I’m grateful.”



(Photo left) Preceptor Tracey Schwartz, RN, (r) guides hospice nurse resident Erin Dunphy, RN, as they assess a patient. (Photo right) Preceptor Mary Pachtette, RN, and hospice nurse resident Patricia Howard, RN (l) discuss common patient symptoms.

Family Fund Committee: Paula Paige, Patricia Ramsden, Cynthia Ayoub, Laurie Eliot, Cheryl MacDonald, Soraya Croughwell, Elizabeth Macomber, Julie Crocker-Wilson, Jane Byrne

(Not pictured) Michele Amone, Laurence Atkins, Mary Barrett, Karen Bastos, Dawn Carlson, Pamela Collieran, Judy Cranney, Amy Gray, Paula Marques, Joanne Pszeny, Sarah Shepard, Eve Smith

TRAINING THE NEXT GENERATION OF HOSPICE NURSES

Hospice nursing is a delicate balance of specialized clinical care focused on relieving pain, treating symptoms of advanced disease, and providing compassion and communication during one of the most challenging times in a person's life. It's not a surprise, then, that finding nurses with experience and top-notch skills in all areas is a challenge.

With a grant of \$249,000 from the Massachusetts Healthcare Workforce Transformation Fund, Care Dimension set off on a new approach to finding qualified hospice nurses: training its own through the creation of a hospice nurse residency program.

Developed in partnership with the School of Nursing at Regis College, the hospice nurse residency program is open to both new nursing graduates and experienced nurses who are new to the field of hospice and palliative care. The nurse residents develop their hospice expertise through a combination of classroom lectures, simulated patient care scenarios, field observations, and a controlled caseload of patients, guided by a dedicated preceptor.

"A major focus of the program," says Susan Lysaght Hurley, PhD, GNP-BC, ACHPN, residency program director, "is teaching how to communicate with patients

and families in crisis, managing family dynamics, having difficult conversations, and learning the finer points of case management."

"I have a great peer group," explained Erin Dunphy, RN, a new graduate participating in the program, "we learn from each other, ask questions and get support from our preceptors while working with patients and gradually building up our caseload. There's no other program out there like this that would give me the opportunity to develop the case management and communication skills that are needed to succeed."

Nurse residents are employed at Care Dimensions during the residency, and upon successful completion of the program, they are offered a full-time position as a primary nurse case manager. The first class started in August 2015 and graduated five nurses and the second class started in February 2016 with eight residents.

Care Dimensions' human resources and education departments are now using the insights learned from the first class to evaluate and redesign elements of the education and orientation program for all new clinical hires.

EMPLOYEES GIVE GENEROUSLY TO HOSPICE FAMILY FUND

"It's heartbreaking to read about the financial needs of some of our patients," explains Paula Paige, senior medical records coordinator and a member of the Family Fund Committee. "So many of the requests are for the most basic necessities like groceries, utilities, rent, transportation, funeral expenses, school clothes and even just slippers or a haircut. The need is so great."

When terminal illness strikes a family, financial circumstances often change—a patient's family member becomes the primary caregiver and likely has to take time off from work to care for the patient, expenses begin to mount, and living paycheck-to-paycheck becomes impossible.

In the late 1980s, in recognition of the stress that these financial difficulties can cause patients and their families, Care Dimensions established the Family Fund to grant donations of up to \$500 to help

patients with specific non-medical needs. The Care Dimensions Board of Directors allocates \$20,000 per year to the fund and employees raise an additional \$10,000 through a number of creative events.

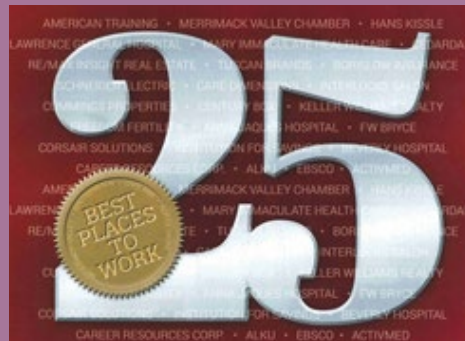
"I volunteer to raise money for the Family Fund because I am grateful I have good health, a good job, and a chance to make a difference," said Maura Santos, staff accountant and co-chair of the Employee Development Fund. "You never know where you might find yourself in life, and one day it might be my turn to need help."

Social Worker Melanie Porter, LICSW, vividly explains how one of her patients desperately needed a grant from the Family Fund: "He was discharged from the hospital and had nothing to go back to—no appropriate clothing, bedding, food or personal care supplies. We connected him with other community social services, but he needed some things immediately. The Family Fund is such a critical resource for us."

Employee Development Committee: Michele Amone, Lynda Barry, Fran Clements, Mireille Coyle, Ayesha Johnson, Dale Lemure, Elizabeth Macomber, Paula Marques, Mary Neimi, Jill Olson, Paula Paige, Joanne Pszeny, Patricia Ramsden, Susan Rogers, Maura Santos, Dawnett White, Allison Williams

2015 Year in Review

January



Care Dimensions was featured as one of the Top 25 Best Places to Work in the January 2015 issue of the North of Boston Business Magazine.

April



We honored volunteers at receptions held in Danvers and in Wellesley.

July



Camp Stepping Stones, welcomed a record 65 children and their families for a weekend of fun activities and learning new coping skills for grief.



(Photo left) KimSu with her daughters Perry Betts and Zoe Johnson. (Photo right) Robert and KimSu Marder



September



Care Dimensions celebrated winning the prestigious Circle of Life award with an inspiring speech from Rev. Liz Walker and the presentation of "Dimensions in Caring" to three long-time supporters.

November



Care Dimensions was recognized as a Leader in LGBT Healthcare Equality by the Human Rights Campaign (HRC) Foundation.

December



Social Worker Sarah Shepard, LICSW, received the Rick Vescovi Award; Caroline Coolen, hospice aide received the Lane-Butler Gift of Compassion and Rene Scully, RN and Jean Brooks, LPN, received the Kathleen Schroot Memorial Award for nurses.

A LEGACY LIVES ON

Late in 2009, Robert Marder knew he had little time left to live. Diagnosed with ALS (Amyotrophic Lateral Sclerosis, a.k.a. Lou Gherig's Disease) a few months earlier, his health was rapidly declining and he was receiving hospice services from Care Dimensions at his Newburyport home. But, he had an idea—one that would help others with ALS and their caregivers for years to come and define his legacy.

"He wanted to make it possible to educate caregivers and clinicians, so they understand the disease and the unique needs of an ALS patient at the end of life," said KimSu Marder, Robert's wife. By including Care Dimensions in his estate plans, the Robert Marder ALS Education Fund was established.

KimSu also has dedicated part of her estate to Care Dimensions and become a member of the David Sherman Legacy Society. "I want to carry on my husband's memory," KimSu said. "I also want Care Dimensions to grow and carry on its

mission. They provide excellent service and their employees are passionate about their work.

"A lot of people donate to a specific disease or cause," KimSu continued. "But, it's important to honor the end-of-life care their loved one was given, too."

KimSu said her husband's positive experience with Care Dimensions has touched family, friends, and co-workers. She was drawn to learn more about hospice from a professional standpoint and recently completed a 60-hour clinical rotation at the Kaplan House for her training to become a nurse practitioner in behavioral health.

"You never know where that positive experience will take you," KimSu said. "Six years later, I'm helping Care Dimensions and the ALS Association of Massachusetts put together a symposium for clinicians and caregivers. It never would have happened without Robert."

KAPLAN HOUSE: CELEBRATING 10 YEARS OF EXEMPLARY CARE

Since its opening in 2005, the Kaplan Family Hospice House staff has cared for more than 7,500 patients and their families. It was the first licensed free-standing inpatient hospice facility in Massachusetts. "Kaplan House has become a beacon in the community for exemplary end-of-life care and well known for its tremendous support of patients, families and caregivers." said President Diane Stringer.



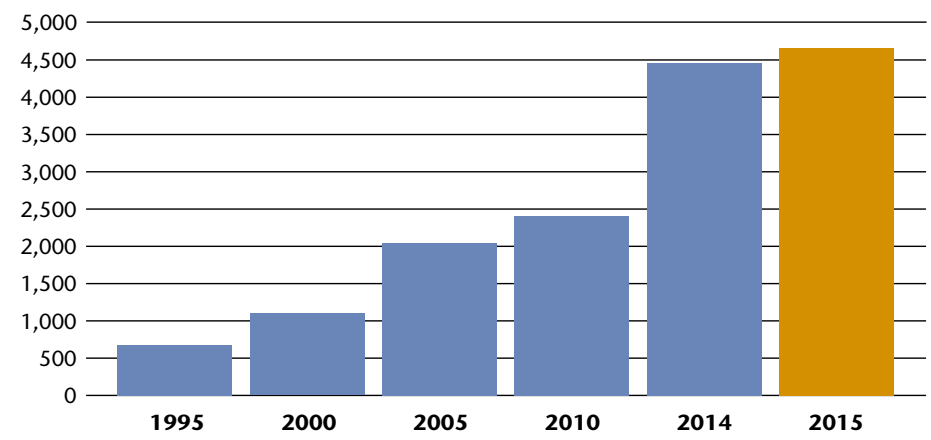
To discuss your estate plans or to join the David Sherman Legacy Society, please contact Elizabeth Macomber, Vice President for Philanthropy at 978-750-9340 or EMacomber@CareDimensions.org

A Year of Service 2015

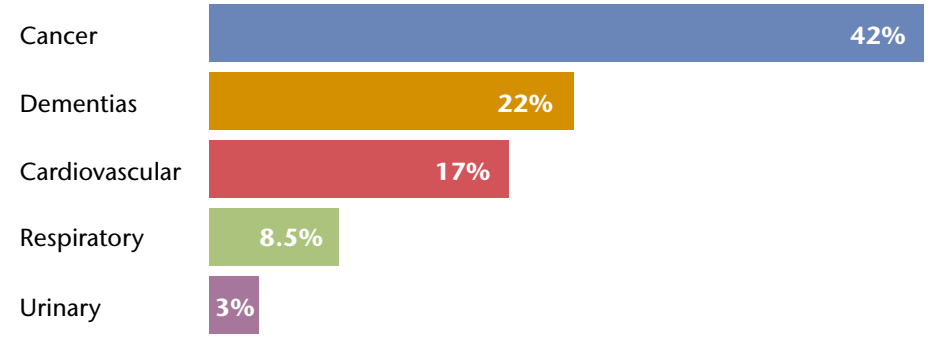
Hospice Patients Served	4,656
Palliative Care Visits	2,268
Average Days on Service	56
Average Daily Census	641
Kaplan Family Hospice House	
Admissions	1,139
Days of Care	6,688
Total Nurse Visits	73,015
RN Visits	48,441
LPN Visits	9,799
Admissions	6,937
On Call	7,838
Social Worker Visits	14,467
Chaplain Visits	6,977
Physician/Nurse Practitioner Visits	5,829
Hospice Aide Visits	76,574
Complementary Therapies Visits	4,423
Employees	429
Volunteers	407
Volunteer Hours	25,234
Grief Support Services	
People Served	7,843
Educational Programs	
Community Programs	110
Community Attendees	1,560
Professional Programs	290
Professional Attendees	4,540

Serving More People in Their Time of Need

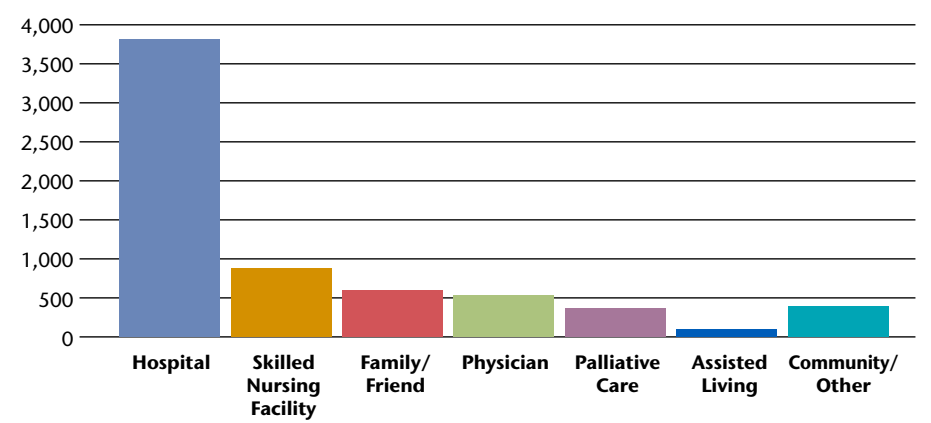
Total Hospice Patients Served



Top Five Diagnoses (Patients by Diagnosis)



Hospice Admissions by Referral Source



Community Support Enriches Support for Patients and Families

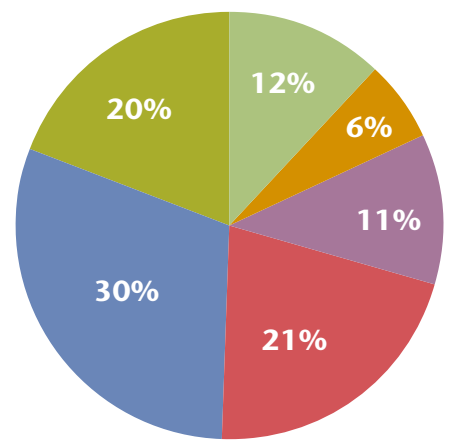
Generous community support underwrites the innovative programs that are hallmarks of the compassionate, comprehensive end-of-life care provided to anyone who needs it, regardless of their ability to pay.

Philanthropic gifts enrich lives by helping to sustain the key services and develop new programs including:

- Grief support programs, including bereavement support and counseling for adults and children at the Bertolon Center for Grief and Healing, our office locations and many community locations
- Camp Stepping Stones for children and their families who have experienced a loss
- Palliative Care services to alleviate physical, emotional and spiritual suffering for those who are chronically ill
- Pediatric hospice and palliative care services and specialized training for the care team
- Kaplan Family Hospice House equipment, furniture replacements and upgrades
- Building a new hospice house in Greater Boston and seeding endowments
- Specialty programs such as Complementary Therapies, Dementia Support, Cardiac and Respiratory Care and Veterans recognition and support
- Volunteer training and services
- Community and professional education

We gratefully acknowledge the 12,000 donors who made gifts to Care Dimensions during 2015. Due to space limitations, we are unable to list all donor names in this annual report. The lists reflect those who have donated \$250 or more in monetary or in-kind gifts from January 1 to December 31, 2015. We strive to ensure the accuracy of every donor. We apologize if any error has been made and ask that you contact us to correct our records.

Philanthropic Support



Special and Community Events	\$664,936
Capital Campaign Donations	\$428,388
Annual Gifts and Miscellaneous	\$260,744
Bequests	\$132,767
Foundation Grants	\$248,459
Memorial Gifts	\$459,973
Total Funds	\$2,195,267

Thank You



The David Sherman Legacy Society was founded in 2011 to recognize the largest bequest received in our history and to honor David Sherman's memory. We gratefully acknowledge those who have included Care Dimensions in their estate plans.

Compassion...

The Campaign for Care Dimensions

We are grateful to those who are leading the way with their gifts and pledges to Compassion...The Campaign for Care Dimensions. In 2014, we commenced our campaign to raise funds to build the new inpatient hospice care center in Lincoln and to seed endowments for the Kaplan Family Hospice House, the Pediatric Hospice and Palliative Care Program and for Care Dimensions' innovative programs and services.

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| Lisa Alcock | Leo* and Lucy Gilson |
| Jane E. Alpers | Jean M. Graham |
| Mr. and Mrs. Phineas Alpers | John Hancock Financial Services, Inc. |
| Anonymous | Dr. and Mrs. James S. Hewson |
| Cynthia and Tony Ayoub | Mrs. Mary Higgins and Mr. John A. Lechner, IV |
| Mr. and Mrs. Charles J. Badavas | Brenda Hiltz |
| Mary Beth Barry | Steven J. Isenberg, Ph.D. |
| Ms. Paula Bartlett | Judy and Gene* Jacobi |
| The Estate of Catherine F. Bell | Joan C. Johnson |
| Leo H. Bendit Charitable Foundation | Zelda and Harold Kaplan |
| The Bernardin Law Firm PC | The Kaplan Family Foundations |
| Cindy Berry | Stephen B. Kay |
| Care Dimensions Employees - Jeans Day Fund | Dorothy Kelly-Flynn |
| Helen Chiasson | Dr. Donald and Maryann Kowalski |
| Anita and Phil Cibelli | Nathaniel R. Lamkin |
| Gwendolyn Cochran Hadden | Mr. and Mrs. Raymond J. Landers, Jr. |
| Lois E. Cohen | Edward and Lee Lawrence Foundation |
| Allison and John Collins | Ms. Leslie Lawrence and Mr. Stanton H. Barrett |
| Mrs. Linda Collins | Ms. Pamela L. Lawrence and Mr. Robert Buck |
| James B. Conway | Mr. Edward Leftin |
| Mr. and Mrs. Philip M. Cormier | Dr. and Mrs. Timothy N. Liesching |
| Judith and Patrick Cranney | The Caleb and Rosemary Loring Gift Fund |
| Sara and Gene del Rio | Larissa Lucas, MD |
| Ms. Marie Diarbakerly | Lynda's Kause, Inc. |
| Estate of Pasquale Eugene Diotaiuti | Janet M. MacKean |
| Eastern Bank Charitable Foundation | Elizabeth and Jon Macomber |
| Karen Eichhorn | The Estate of Inga R. Mahler |
| Michael J. Engelberg | Mrs. Christina M. McCann |
| Equinox Fund | Sheryl Meehan |
| Evolent Health | Mr. and Mrs. R. T. Paine Metcalf |
| Mr. and Mrs. Gregory B. Fish | Stella and Charles Nahatis |
| Mary and Alexander Fish | The New York Community Trust, The Island Fund |
| Michael A.* and Jane Fonzo | Mrs. Ann T. Noorani |
| Heather and Thomas Ford | Leslie and Bob Ogan |
| Estate of Delia P. Frissora | Mr. and Mrs. Joseph Palmer |

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|--|
| Partners HealthCare |
| Stephanie Patel, MD |
| People's United Community Foundation of Eastern Massachusetts |
| Dr. and Mrs. Adam Perlman |
| Mr. and Mrs. Glen Perlman |
| Mr. and Mrs. Samuel S. Perlman |
| Estate of Sally S. Powers |
| The Procaccini Charitable Fund |
| Patricia and Ronald Ramsden |
| Mr. and Mrs. James E. Rich, Jr. |
| Elizabeth Robitaille |
| Angel and John Rogalski |
| Rogers Family Foundation |
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To discuss your estate plans or join the David Sherman Legacy Society, please contact Elizabeth Macomber, Vice President for Philanthropy at EMacomber@CareDimensions.org, 978-750-9394.



The David Sherman Legacy Society gathered for its annual luncheon. This year's guest speaker was Nate Lamkin, Director of Bereavement Services & Program Development.

Community Support



The Annual Anchor Dip, sponsored by the Anchor Pub & Grille and Jubilee Yacht Club in Beverly was another success, raising an incredible \$19,000.



Friends and family of Todd Libman celebrated his life with their Trekking for Todd event.



Since 1991, our annual Tree of Lights ceremonies have become a wonderful tradition for families and friends to celebrate their loved ones in a meaningful way.

We are grateful for fundraising events by groups, small and large, that allow us to continue to develop new programs to meet the needs of the diverse communities we serve.

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21st Annual Hospice Auction & Regatta



Our Annual Hospice Auction and Regatta has become a Care Dimensions' signature fundraising event, with a lively auction, a challenging regatta race, and more importantly, an opportunity to bring together so many friends who support our unique mission and innovative programs and services. We are grateful for the extraordinary generosity of our sponsors and donors, many of whom have been supporting the event since its inception in 1995. With an impressive \$4.4 million raised over the last 21 years, the Hospice Auction and Regatta is one of the region's premier social and philanthropic events.

Funds raised through the Hospice Auction and Regatta allow us to continue to offer an unmatched array of services, translating compassion into care of unparalleled quality equal to the challenges faced by patients and families when confronted with terminal illness.

(Photo top) Barrett & Vera Cooke, Michael Strunk & Fiza Singh, Peter & Jessie Morgan, Douglas & Carin Doben, Adam & Melissa Root.

(Photo bottom) Judy Jacobi speaks about her late husband Gene's care.

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Nancy Roberts-McKenna and Jack McKenna
Screaming Mimis
Stacey's Home Décor

Team Cheech
Team FMA
Team Grampy
Team Jack
Team Johnny Z
Team Love is Magic
Team Macomber
Team Max
Team Teddy
Tim's Trees
Volunteer Vikings
Windhaven Investment Management, Inc.
Windover Construction
Lucas Wolf
Yo Adrienne!
Christine and James Zampell
Zampell Building Services

\$500 - \$999

Adult Foster Care of the North Shore Staff
Mr. and Mrs. Daniel Bennett
Kristin L. Berry-Hurton
Bob's Team
Edward Boesel
The Byrne Bunch
Care Dimensions Board of Directors
Carleton-Willard Village
Conway, Cahill-Brodeur Funeral Home, LLC
Cosmic Muffin
Brian J. Cranney Landscape Contractor
Christopher Crosby
CSR Technology
Dr. Edward Dalton
Cheryl and Sevan Demirdogen
Diane and Alan Edgett
Olivia Emelian
Robert Garron
Ghiorso & Sorrenti
Hartnett Auto Body, Inc.
Alan Hartnett and Steven Brigandi
Kiwanis Club of Danvers
Nathaniel Lamkin
Meninno Construction Co., Inc.
Nana Donut Team
Nani Dalton

Never Forgetting Nancy
Nurse Residency Walkers
Carol and Ralph J. Parziale
People's United Bank
Putnam Farm at Danvers
John J. Rando
Remembering Nani
Shetland Properties of Salem Limited Partnership
Denise Tavilla
Team Charlotte
Team Jack
Team Linehan
Team Mary O'Donoghue
Team Medina
Team Petunia
Team Twisted
Deborah and John Tyrrell
Wellesley Warriors
Ziggy's Team

\$250 - \$499

Linda Alexson
Allan's Angels
Babson-Elwell & Davis, Inc.
Eileen and Philip H. Berube
Nathalie S. Binney
Bishop Fenwick High School
Dr. Cynthia Bjorlie, Adult Foster Care of the North Shore
Boutchie Bunch
Diane and Robert Brinkley
Bussolari's Band
Carolyn Bussolari
Sylvia Camille
Thomas Caron Team
Vivian Caron
Carrick's Angels
C.C.R.P. & H., Inc.
Circling the Square and The Danvers Herald
Barbara Crosby's Family and Friends
Crowe Horwath LLP
Michael DiOrio
Neil and Priscilla Douglas
Jen and Brian Dubis
East Coast Tire
Mary and Alexander Fish
Sharon and Paul Foley
Ryan, Colin, Meghann and Jon Freni
Geez Louise!
General Electric Foundation
Ellen Glew

Richard and Robert Gordon
Gram's Gang
Susan A. Haas
James F. Hashem
Alexandra Higgins
Michele and Dan Higgins
Patrick, Paula, Bella & Eleanor Higgins
Karen Howland
Jessica's Jaywalkers
JLM Office Innovators
Kathie's Crew
Kiwanis Club of Pentucket
Lennon Insurance Agency, Inc.
Peter and Dawn Lennon
Ann McCarthy
Anne McClelland
Michael B. McClelland
Murphy's Law
Nana's Team
Stephen Nee
Never Forgetting Nancy
Nini Terry
The Palomars
Pappa & Grammy's Team
Josephine Petrillo
Prevare, LLC
Puritan Lawn Memorial Park
PVMS Boys Soccer Boosters
Paul B. Ramsdell
St. Richard Parish, Danvers
Maura Santos
Shellie's Angels
Ellen J. Smith and William J. Pastuszek
Margaret and Edwin G. Smith
State Street Matching Gift Program
Sweet Carolyn
Team Blessing
Team Luca
Team Ouellette
Team Poppy
Team Yiayia and Pappou
Timberline Enterprises, LLC
Laura and Michael F. Tyrrell
Verizon Foundation ~ Matching Gifts Program
Margaret and Steven White
Deborah J. Zaffiro

Grant Supports Children's Bereavement



The New York Life Foundation awarded Care Dimensions a \$100,000 Grief Reach grant to support the expansion of our children's bereavement programs in Boston and surrounding MetroWest communities that are currently under served. A new Child Life Specialist will launch youth grief support groups and a teen bereavement retreat in the Greater Boston area.

Remembering One Brick at a Time



If you would like to dedicate a brick in memory or in honor of someone, please call Heidi Hatch at 978-750-9318 or email HHatch@CareDimensions.org.



75 Sylvan Street, Suite B-102
Danvers, MA 01923

For the latest news and events,
please follow us online:



2016 Schedule of Events

Please join us for these special events throughout the year. For more details on these activities and how you can participate, visit us online at CareDimensions.org or call 888-283-1722.



22nd Annual Auction & Regatta

Auction — Friday, June 17
Regatta — Sunday, June 19
Boston Yacht Club, Marblehead

Brick Dedication Ceremony

Saturday, June 18
Kaplan Family Hospice House, Danvers

15th Annual Camp Stepping Stones

Saturday, July 16 - *new one-day format*
Glen Urquhart School, Beverly Farms

29th Annual Walk for Hospice

Sunday, October 2
St. John's Prep Campus, Danvers

2nd Annual Service of Remembrance and Lights

November 2016, Metrowest

25th Annual Tree of Lights Ceremonies

December 2016, North Shore

Care Dimensions, founded in 1978 as Hospice of the North Shore, was one of the nation's first hospice providers. As a community-based, non-profit leader in advanced illness care, it has become the largest, most comprehensive hospice provider in the Commonwealth. With the mission of providing exceptional care, support, education and consultation to those affected by life-limiting illness, death and loss, Care Dimensions provides care for patients in more than 90 communities in Eastern Massachusetts.

If you do not want to receive future fundraising requests supporting Care Dimensions, please contact the Philanthropy Department by email at Philanthropy@CareDimensions.org or call 978-223-9787.